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Troy Sarro

Elite Combatives

609-713-9191

EliteCombatives@gmail.com

Training Provides More Than Just Physical Fitness
Elite Combatives Teaches Self-Defense with Added Benefits

Little Egg Harbor, NJ: Elite Combatives today announced the opening of its new physical location at 1422 Rt. 539 in Little Egge Harbor, offering both co-ed combatives training and women's only self-defense curriculums. Elite Combatives is a combat driven martial arts system and offers a new way for those with a warrior mindset to learn the skills necessary for survival in any given situation.

"Reality is concrete, boots, and blood. No tap out" says Troy Sarro, owner and lead instructor at Elite Combatives. "We train for real-world situations."

Those who choose to train with Elite Combatives will learn to:

- Reasonably defend oneself against physical threats
- Be prepared to survive catastrophic events

Additional benefits of training will improve:

- Balance
- Confidence
- Physical Conditioning
- Self-Esteem

Combatives training will be available starting September 9th, with various membership levels to fit both your schedule and your budget. To read more about Elite Combatives and the necessities of self-defensive training visit <https://www.elitecombativenj.com/why-learn-self-defense>

About Elite Combatives: At Elite Combatives, we take the sport out of the Martial Arts. We train you to be prepared to save your life. If you train in a discipline like boxing,

Jujitsu, Judo, Karate, Tae Kwon Do or MMA, you are limiting your training to follow a set of rules to prevent disqualification. In the streets, the thugs and criminals will not follow such rules. When the fight has come to you, will you be prepared? At Elite Combatives we train you to survive by any means necessary to go home to your family. Reality=Concrete, Boots & Blood; train accordingly.